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ABCA1 基因多态性 R219K 与帕金森症和阿尔兹海默症发病率的相关性研究 *

亚拉盖¹ 梁琨¹ 锡林塔娜² 陶娜拉³ 刘燕^{4Δ}

(1 内蒙古自治区人民医院老年医学中心 内蒙古 呼和浩特 010020;

2 内蒙古锡林郭勒盟蒙医医院心身医学科 内蒙古 锡林浩特 026000;

3 内蒙古农业大学遗传育种实验室 内蒙古 呼和浩特 010010; 4 内蒙古自治区人民医院内分泌科 内蒙古 呼和浩特 010020)

摘要 目的: 探讨与研究三磷酸腺苷结合盒转运体 A1 (Adenosine triphosphate (ATP)-binding cassette transporter A1) 基因多态性 R219K 与帕金森症(Parkinson disease, PD)和阿尔兹海默症(Alzheimer disease, AD)发病率的相关性。**方法:** 选择 2016 年 2 月到 2019 年 8 月在本院门诊与住院的帕金森症患者 42 例作为 PD 组, 同期选择本院门诊与住院的阿尔兹海默症患者 42 例作为 AD 组, 同期选择本院门诊健康体检者 84 例作为对照组。调查入选者的一般资料, 检测三组血液样本的 ABCA1 基因多态性 R219K 情况并进行相关性分析。**结果:** AD 组低密度脂蛋白 (low-density lipoprotein, LDL-C)、总胆固醇 (total cholesterol, TC)、甘油三酯 (triglyceride, TG) 与尿酸 (Uric acid, UA) 均低于对照组, 而高密度脂蛋白 (high-density lipoprotein, HDL-C)、同型半胱氨酸 (homocysteine, Hcy) 值高于对照组 ($P<0.05$); AD 组 TC 均低于 PD 组, 而 HDL 高于 PD 组。PD 患者 HDL-C 均低于对照组, 而 LDL、TC 和 TG 与对照组无差异 ($P>0.05$), 三组空腹血糖 (Fasting blood glucose, FBG) 值对比差异无统计学意义 ($P>0.05$)。PD 组与 AD 组的 ABCA1 R219K GA 基因型、A 等位基因频率都显著高于对照组 ($P<0.05$), PD 组与 AD 组对比差异无统计学意义 ($P>0.05$)。在 168 例入选者中, 直线相关分析显示 ABCA1 R219K GA 基因型与 A 等位基因与帕金森症或阿尔兹海默症发生有显著相关性 ($P<0.05$)。**结论:** ABCA1 基因多态性 R219K 在帕金森症和阿尔兹海默症患者中比较常见, ABCA1 R219K GA 基因型与 A 等位基因可诱发帕金森症和阿尔兹海默症的发生。

关键词: 三磷酸腺苷结合盒转运体 A1; 基因多态性; 帕金森症; 阿尔兹海默症

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Correlation between ABCA1 Gene Polymorphism R219K and the Incidence of Parkinson's Disease and Alzheimer's Disease*

YA La-gai¹, LIANG Kun¹, XI LIN Ta-na², TAO Na-la³, LIU Yan^{4Δ}

(1 Inner Mongolia Autonomous Region People's Hospital Geriatrics Center, Hohhot, Inner Mongolia, 010020, China;

2 Department of Psychosomatic Medicine, Inner Mongolia Xilin Gol League Hospital of Inner Mongolia, Xilinhot, Inner Mongolia, 026000, China; 3 Inner Mongolia Agricultural University Genetic Breeding Laboratory, Hohhot, Inner Mongolia, 010010, China;

4 Department of Endocrinology, Inner Mongolia Autonomous Region People's Hospital, Hohhot, Inner Mongolia, 010020, China)

ABSTRACT Objective: To investigate and study the relation of Adenosine triphosphate (ATP)-binding cassette transporter A1 gene polymorphism R219K and the incidence of Parkinson disease (PD), Alzheimer disease (AD). **Methods:** From February 2016 to August 2019, A total of 42 patients with Parkinson's disease who were admitted to our hospital were enrolled in the PD group, 42 patients with Alzheimer's disease who were admitted to the hospital and hospitalized in the same period as the AD group, and the other 84 healthy subjects in our outpatient clinic were selected as the control group. The general information of the selected subjects were investigated, and the ABCA1 gene polymorphism R219K of the three groups of blood samples were examined and correlated. **Results:** The LDL-C, TC, TG and UA in the AD group were lower than those in the control group, while the HDL-C and Hcy values were higher than those in the control group ($P<0.05$). The TC in the AD group was lower than that in the PD group, and the HDL was higher than the PD group. The HDL-C level of PD patients was lower than that of the control group, but LDL, TC and TG were not different from the control group ($P>0.05$). There was no significant difference in the FBG values between the three groups ($P>0.05$). The ABCA1 R219K GA genotype, AA genotype and A allele frequency of PD group and AD group were significantly higher than that of the control group ($P<0.05$), and there were no significant difference compared between PD group and AD group ($P>0.05$). In the 168 case, linear correlation analysis

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作者简介: 亚拉盖(1984-), 女, 博士, 主治医师, 研究方向: 帕金森及痴呆方向, 电话: 13804713367, E-mail: yalagai101@163.com

Δ 通讯作者: 刘燕(1984-), 女, 医学硕士, 主治医师, 研究方向: 糖尿病、高血压、脑垂体疾病、老年性疾病、骨代谢等代谢性疾病诊治, 电话: 18004712706, E-mail: 376650095@qq.com

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showed that ABCA1 R219K GA genotype, AA genotype and A allele were significantly associated with Parkinson's disease or Alzheimer's disease ($P<0.05$). **Conclusion:** The ABCA1 gene polymorphism R219K are more common in patients with Parkinson's disease and Alzheimer's disease. ABCA1 R219K GA genotype, AA genotype and A allele can induce the occurrence of Parkinson's disease and Alzheimer's disease.

Key words: Adenosine triphosphate binding cassette transporter A1; Gene polymorphism; Parkinson's disease; Alzheimer's disease

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前言

阿尔兹海默症(Alzheimer disease, AD)是一种神经退行性疾病,帕金森症(Parkinson disease, PD)也是神经退行性疾病^[1]。二者在临床症状上存在一定的重叠性,某些帕金森症患者可能出现认知功能的损伤,甚至发展为痴呆,称为帕金森症痴呆(Parkinson disease with dementia, PDD)^[2,3]。同时某些阿尔兹海默症患者也常伴有椎体外系统病变,表现各种各样的行动失调等^[4]。ABCA1全名为三磷酸腺苷结合盒转运体 A1(Adenosine triphosphate (ATP)-binding cassette transporter A1),是由 ABCA1 基因翻译而成的蛋白^[5]。该转运蛋白在细胞内参与胆固醇的逆向运输,同时能够清除组织中多余的血脂,从而维持细胞内磷脂的稳态平衡^[6,7]。研究结果表明,在脑损伤修复的早期,ABCA1 参与载脂蛋白 E(apolipoprotein E, ApoE)以及胶质细胞内胆固醇的调节^[8,9]。并且当前研究显示 ABCA1 基因伴随有基因多态性 (Single Nucleotide Polymorphisms, SNPs),ABCA1 基因多态性和突变型在多个族群与神经功能性的发病显著相关^[10,11]。其中 ABCA1 基因 R219K 多态性是指 ABCA1 基因其 7 号外显子第 1051 位核苷酸由 G 变成 A,对应的由精氨酸(R)

转变成赖氨酸(K)^[12,13]。本文具体探讨与研究了 ABCA1 基因多态性 R219K 与帕金森症和阿尔兹海默症发病率的相关性,希望为明确两者的发病机制提供一定的理论支持。现总结报道如下。为临床科学治疗提供基因导向的理论支持。

1 资料与方法

1.1 研究对象

PD 组:选择 2016 年 2 月至 2019 年 8 月在本院门诊与住院的帕金森症患者 42 例,根据英国帕金森症协会脑库标准确诊为帕金森症。AD 组:同期选择本院门诊与住院的阿尔兹海默症患者 42 例,符合最新的阿尔兹海默症的诊断标准。对照组:同期选择本院门诊健康体检者 84 例。

三组纳入标准:年龄 20-75 岁;都为汉族;知情同意本研究;彼此间无血缘关系;本院伦理委员会批准了此次研究;依从性好。排除标准:农药中毒导致类帕金森症或阿尔兹海默症患者;有反复的脑损伤史者;妊娠与哺乳期妇女;有服用抗精神病类药物或多巴胺耗竭类药物历史者。

三组一般资料对比无差异($P>0.05$),PD 组与 AD 组的病程对比差异也无统计学意义($P>0.05$)。见表 1。

表 1 三组一般资料对比
Table 1 Comparison of three groups of general data

Groups	n	Gender (Male Female)	Age (old)	BMI (kg/m ²)	Course of disease (year)
PD group	42	22/20	56.98±4.10	22.81±2.11	5.72±0.43
AD group	42	21/21	57.09±3.19	22.76±1.89	5.78±0.51
Control group	84	44/40	56.77±2.19	23.00±2.01	-

1.2 基因多态性分析

要求入选患者采血前 1 d 至少禁食 8 h 以上,于第 2 d 上午 8:00 空腹从肘部抽取静脉全血 3-5 mL,一部分用于分离血清用于检测常规生化指标。其余静脉血置于 EDTA 抗凝真空采血器中,采用德国 QIAGEN 公司生产的 Blood Kit 全血基因组 DNA 提取试剂盒提取人全血基因组 DNA,各步骤严格按照试剂盒说明操作。采用 PCR-RFLP 方法进行 ABCA1 基因多态性 R219K 分析,R219K G>A 扩增引物(扩增产物共 259bp)序列:上游引物 5'-TCCACACAGGACTGCCAGA-3',下游引物 5'-TGCTCGCAGTAGGTGTCAAT-3',采用 20 μL PCR 反应体系,PCR 扩增产物经 2%的琼脂糖凝胶进行电泳分离后,测序结果与 NCBI 在线进行序列比对,判断基因型。

1.3 调查资料

调查所有入选者的一般资料,包括性别、年龄、体重指数、种族,记录全自动生化仪检测的指标,包括空腹血糖(Fasting

blood glucose, FBG)、血脂 (TG、TC、LDL-C 和 HDL-C)、尿酸 (Uric acid, UA)、同型半胱氨酸(homocysteine, Hcy)等。同时记录患者的病程等资料。

1.4 统计方法

采用 SPSS 软件包(Version 18.00)对数据进行统计分析,计量数据与计数数据以($\bar{x} \pm s$)与%表示,对比采用卡方 χ^2 分析、t 检验,相关性分析采用直线相关分析, $P<0.05$ 为差异显著。

2 结果

2.1 常规生化指标对比

AD 组 LDL-C、TC、TG 与 UA 均低于对照组,而 HDL-C、Hcy 值高于对照组($P<0.05$);AD 组 TC 均低于 PD 组,而 HDL 高于 PD 组。PD 患者 HDL-C 均低于对照组,而 LDL、TC 和 TG 与对照组无差异($P>0.05$),三组 FBG 值对比差异无统计学意义($P>0.05$)。

表 2 三组常规生化指标对比($\bar{x} \pm s$)Table 2 Comparison of three groups of conventional biochemical indicators($\bar{x} \pm s$)

Index	PD group (n=42)	AD group (n=42)	Control group (n=84)
TG (mmol/L)	1.23±0.16	1.20±0.16*	1.26±0.16
LDL-C (mmol/L)	2.56±0.27	2.48±0.30*	2.59±0.34
UA (μmol/L)	328.77±20.10*	329.76±19.87*	361.98±45.10
Hcy (μmol/L)	13.78±1.33*	14.09±1.7*	8.89±1.44
FBG (mmol/L)	5.89±0.34	5.90±0.24	5.87±0.32
TC (mmol/L)	4.51±0.24	4.33±0.16*#	4.52±0.24
HDL-C (mmol/L)	0.95±0.22*	2.10±0.23*#	1.35±0.12

Note: *Compared with NC group, $P < 0.05$; # compared with PD group, $P < 0.05$.

2.2 ABCA1 R219K 基因型频率和等位基因频率对比

因频率都显著高于对照组($P < 0.05$), PD 组与 AD 组对比差异无统计学意义($P > 0.05$)。见表 3。

PD 组与 AD 组的 ABCA1 R219K GA 基因型、A 等位基

表 3 三组 ABCA1 R219K 基因型频率和等位基因频率对比(例,%)

Table 3 Comparison of frequency and allele frequency of three groups of ABCA1 R219K genotypes (n, %)

Group	n	基因型频率			等位基因频率	
		GG	GA	AA	G	A
PD group	42	31(73.8)	8(19.0)	3(7.1)	35(83.3)	7(16.7)
AD group	42	31(73.8)	7(16.7)	4(9.5)	34(81.0)	8(19.0)
Control group	84	83(98.8)	1(1.2)	0(0.0)	83(98.8)	1(1.2)
F		22.215	13.678	7.602	13.678	
P		0.000	0.001	0.022	0.001	

表 4 ABCA1 基因多态性 R219K 与帕金森症阿尔兹海默症发病的相关性(n=168)

Table 4 Association of ABCA1 gene polymorphism R219K with Parkinson's disease Alzheimer's disease (n=168)

Index		GA genotype	AA genotype	A allele
PD	r	0.566	0.671	0.644
	P	0.007	0.000	0.004
AD	r	0.613	0.701	0.672
	P	0.005	0.000	0.002

2.3 相关性分析

在 168 例入选者中, 直线相关分析显示 ABCA1 R219K GA 基因型与 A 等位基因与帕金森症或阿尔兹海默症发生有显著相关性($P < 0.05$)。见表 4。

3 讨论

帕金森症和阿尔兹海默症都为比较常见的神经系统疾病, 主要病理表现大脑黑质多巴胺能神经元的逐渐丧失, 导致在临床上出现抑郁、焦虑、幻觉、运动迟缓、姿势不稳、肌肉僵直、静止性震颤等, 可严重影响患者的生活质量^[14,15]。并且上述两种疾病的诊治费用也比较高, 也增加了当地的医疗卫生经济压力。帕金森症和阿尔兹海默症的具体发病机制还不明确, 目前认为遗传、氧化应激、种族、环境、年龄等与该病的发病有关, 其中遗传因素已经受到学者高度的重视^[16,17]。

即使是相同的人种, 随着时间的改变, 生活在不同的环境

中, 帕金森症和阿尔兹海默症的发病率及患病率也存在一定的差异性^[18,19]。本研究显示 AD 组 LDL-C、TC、TG 与 UA 均低于对照组, 而 HDL-C、Hcy 值高于对照组; AD 组 TC 均低于 PD 组, 而 HDL 高于 PD 组。PD 患者 HDL-C 均低于对照组, 而 LDL、TC 和 TG 与对照组无差异。从机制上分析, 血脂、尿酸、同型半胱氨酸的异常可引发机体产生一系列防御性应激反应事件, 可故而加速帕金森症和阿尔兹海默症的发病^[20]。

大约 10 %~20 % 的帕金森症和阿尔兹海默症患者具有家族史, 在家族史的中也有 10 % 左右的是由单个基因的显性或隐性遗传而导致的^[21,22]。ABCA1 基因多态性和突变型在多个族群与神经退行性疾病的发病相关, ABCA1 基因的突变在家族性帕金森综合症检出的突变中频率最高, 同时其变异在散发性帕金森综合症中最为常见^[23,24]。人类的 ABCA1 基因与一些脂质转运有显著相关性, R219K 基因多态性或者基因突变可通过一系列信号传导途径, 最终导致神经元的变性死亡^[25]。本研究

显示 PD 组与 AD 组的 ABCA1 R219K GA 基因型、A 等位基因频率都显著高于对照组, PD 组与 AD 组对比差异无统计学意义, 表明帕金森症和阿尔兹海默症患者多伴随有 ABCA1 基因 R219K 多态性。当前有研究显示 ABCA1 基因 R219K 多态性能够使 mRNA 形成局部稳定的颈环结构, 导致翻译的蛋白数量减少和活性改变, 使得多巴胺通路的代谢发生了改变, 从而对帕金森症和阿尔兹海默症的易感性产生了一定的影响^[26,27]。

人类的 ABCA1 基因定位于 9q31, 全长 149kb, ABCA1 蛋白在胆固醇、高密度脂蛋白胆固醇的合成和转运中起重要作用, 也以介导胰岛内胆固醇流出, 并对胰岛细胞分泌功能产生影响^[28,29]。但是 ABCA1 SNPs 与脂代谢相关分子水平的关系的报道比较少, 尤其是与帕金森症和阿尔兹海默症的关系还无相关报道。本研究直线相关分析显示 ABCA1 R219K GA 基因型与 A 等位基因与帕金森症或阿尔兹海默症发生有显著相关性。从机制上分析, ABCA1 基因编码蛋白质存在大量的精氨酸残基, 有一个较高的净正电荷。由于 R219K 的替换, 可能影响蛋白的构象及其表面净正电荷, 从而影响和其他蛋白质的相互作用, 最终影响 ABCA1 蛋白的正常功能, 诱发帕金森症或阿尔兹海默症的发生^[30,31]。不过本研究的样本量较少, 还需要尽可能的控制或排除混杂因素的影响, 从而得到更加准确的结论。

综上所述, ABCA1 基因多态性 R219K 在帕金森症和阿尔兹海默症患者中比较常见, ABCA1 R219K GA 基因型与 A 等位基因可诱发帕金森症和阿尔兹海默症的发生。

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